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(54) Title: METHODS FOR REDUCING THE EFFECTS OF STRESS ON SKIN CONDITION

(57) Abstract: A method is provided for reducing the effects of psychologically-mediated stress on the skin of a human or animal which method comprises administering to the individual a composition capable of inhibiting glucocorticoid-induced chronic stress in a dermal cell or a cell involved in skin inflammatory responses. Also provided are compositions for use in such methods and assay methods for identifying suitable compositions.



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